

Table 2. *Inclusion and exclusion criteria*

| Inclusion criteria | Exclusion criteria |
|---|--|
| The paper must have been published between 1990-2023. | The paper was published before 1990. |
| The research must deal with a certain age group, teenagers particularly, and with a certain setting where the participants were exposed to English as L1 or L2. | The paper was restricted to adult or child studies, or to other foreign languages as L1 or L2. |
| The manuscript was peer-reviewed and published in a journal only. | Non-peer reviewed resources (grey literature). |
| The manuscript was written in English. | Manuscripts written in any other language than English. |
| Open access articles and preprints. | Articles could not be obtained in full. |
| The research must include a qualitative and/or quantitative analysis. | The paper fails to perform a systematic analysis. |